

SCHOOL OF HEALTH AND HUMAN SCIENCES

Dean: Dr. Terry Olson

Mission Statement

Guided by the Great Commission of Jesus Christ and as a Lutheran liberal arts institution, the School of Health and Human Sciences (SHHS) is committed to preparing students to become servant leaders and societal agents of change.

Vision Statement

Firmly committed to servant-leadership addressing the health needs of our communities and foundationally grounded in the natural sciences, social sciences, and humanities, students can expect an educational experience embedded in the latest disciplinary academic scholarship and research coupled with innovative curriculum approaches that foster student engagement and academic learning. Throughout the educational process, guided by high-impact and hands-on professional faculty, students within SHHS will gain better insight and understanding on how to provide holistic community-focused care through our institutions' centeredness on the development of the mind (high-quality academics), body (care of self), heart (love/service of neighbor), and soul (love toward God).

Bachelor of Arts Degree

- Healthcare Management
- Director: Dr. Catherine Sinardi*

Bachelor of Science Degree

- Kinesiology
- Chair: Dr. Vance Tammern*

Undergraduate Minors

- Coaching
- Fitness Programming
- Healthcare Management
- Physical Education
- Pre-Nursing

Healthcare Management Program Learning Outcomes

Students will be able to demonstrate the ability to:

1. Communicate clearly and concisely, establish and maintain relationships and facilitate constructive interactions with individuals and groups in the healthcare setting.
2. Inspire individual and organizational excellence, create a shared vision and successfully manage change to attain the organization's strategic ends and successful performance.
3. Align personal and organizational conduct with ethical and professional standards that include a responsibility to the patient and community, a service orientation, and a commitment to lifelong learning and improvement.
4. Understand the healthcare system and the environment in which healthcare managers and providers function.
5. Business Skills and Knowledge: Integrate scholarly research, critical thinking, analysis, problem solving, and business principles to

proactively address opportunities and issues in the healthcare environment.

Kinesiology Program Learning Outcomes

Students will:

1. Demonstrate effective written communication skills in the discipline of Kinesiology
2. Demonstrate effective oral communication skills in the discipline of Kinesiology
3. Articulate, apply, and analyze scholarly resources to integrate best practices in the discipline of Kinesiology
4. Recognize and evaluate current conditions, and practices in the discipline to formulate, create and implement an appropriate response
5. Model Christian leadership principles
6. Seek opportunity to serve the community through their vocation
7. Demonstrate respect for peoples of diverse background, experiences, and needs and articulate and develop healthy lifestyle choices and practices
8. Use the most current and effective evidence based practices in the discipline of Kinesiology

Bachelor of Arts Degree

[Healthcare Management \(p. 1\)](#)

Bachelor of Science Degree

[Kinesiology \(p. 2\)](#)

Emphases:

- Health and Human Performance
- Lifespan and Allied Health
- Physical Activity, Fitness and Wellness Promotion

Healthcare Management: Bachelor of Arts Degree

The mission of the **Healthcare Management** major is to develop and equip healthcare leaders of the future who demonstrate the competencies of the Healthcare Leadership Alliance (HLA), embrace and shape the dynamic healthcare environment, and serve their communities with Christian values.

Code	Title	Units
HCM 312	Management of Healthcare Organizations	3
HCM 314	Healthcare Quality Management	3
HCM 315	Organizational Behavior, Theory and Design in Healthcare Management	3
HCM 413	Leadership in Health Management	3
HCM 414	Legal Aspects of Healthcare	3
HCM 415	Health Information Systems	3
HCM 416	Human Resource Management in Healthcare	3
HCM 419	Topics in Public Health Administration	3

HCM 422	Introduction to Gerontology and Mental Health Management	3
HCM 424	Marketing and Strategic Planning for Healthcare Organizations	3
HCM 425	Financial Management of Healthcare Organizations	3
HCM 475	Senior Seminar in Healthcare	3
HCM 494	Internship: Healthcare Administration	3
PHI 467	Bioethics and Healthcare Professions	3
Total Units		42

Kinesiology: Bachelor of Science Degree

The goal of the **Kinesiology Department** is to develop students' cognitive, affective, and psychomotor abilities as preparation for a lifetime of learning. The department presents conceptual and applied content that includes kinesiology, exercise science, allied health, wellness, sport science, and physical education.

Code	Title	Units
Core		
BIO 246	Human Anatomy and Physiology I	4
BIO 247	Human Anatomy and Physiology II	4
KIN 220	Foundations of Human Movement Studies	3
KIN 304	Motor Learning and Control	3
KIN 305	Motor Development	3
KIN 317	Kinesiology	4
KIN 320	Historical, Social, Cultural Foundations of Sport and P.E.	3
KIN 365	Sport Psychology	3
KIN 403	Biomechanics	4
KIN 406	Exercise Physiology	4
KIN 410	Statistics and Measurement	4
Emphasis		
Choose 1 of the following emphases:		19-23
Total Units		58-62

Emphases

Health and Human Performance

Code	Title	Units
KIN 409	Research in Kinesiology	1
KIN 420	Research Methods in Kinesiology	3
Choose 5 of the following courses:		15-17
BIO 371	Neuroscience	4
KIN 306	Nutritional Sciences	3
KIN 307	Exercise and Gerontology	3
KIN 330	Lifestyle Medicine and Wellness	3
KIN 335	Physical Activity and Epidemiology	3
KIN 364	Exercise Psychology	3
KIN 416	Advanced Exercise Physiology	4
Total Units		19-21

Lifespan and Allied Health

Code	Title	Units
KIN 330	Lifestyle Medicine and Wellness	3
KIN 395	Practicum: Allied Health	3
Choose 5 of the following courses:		15-17
BIO 371	Neuroscience	4
KIN 208	Athletic Injuries	3
KIN 245	Medical Terminology	3
KIN 306	Nutritional Sciences	3
KIN 307	Exercise and Gerontology	3
KIN 310	General Medicine and Pharmacology	3
KIN 348	Evaluation of Injuries	4
KIN 358	Therapeutic Exercise	3
KIN 364	Exercise Psychology	3
KIN 368	Therapeutic Modalities	3
Total Units		21-23

Physical Activity, Fitness and Wellness Promotion

Code	Title	Units
KIN 344	Health and Wellness Programming	3
KIN 393	Practicum: Kinesiology	3
Choose 5 of the following courses:		15
KIN 105	Christian Wellness	3
KIN 225	Principles of Weight Training and Cross Training	3
KIN 306	Nutritional Sciences	3
KIN 307	Exercise and Gerontology	3
KIN 325	Exercise Testing and Prescription	3
KIN 330	Lifestyle Medicine and Wellness	3
KIN 335	Physical Activity and Epidemiology	3
KIN 358	Therapeutic Exercise	3
KIN 364	Exercise Psychology	3
Total Units		21

Minors

[Coaching Minor \(p. 2\)](#)

[Fitness Programming Minor \(p. 3\)](#)

[Healthcare Management Minor \(p. 3\)](#)

[Physical Education Minor \(p. 3\)](#)

[Pre-Nursing Minor \(p. 3\)](#)

Coaching Minor

Code	Title	Units
KIN 304	Motor Learning and Control	3
KIN 360	Principles of Coaching	3
Choose 4 of the following courses:		12
KIN 208	Athletic Injuries	3
KIN 225	Principles of Weight Training and Cross Training	3
KIN 305	Motor Development	3

KIN 306	Nutritional Sciences	3
KIN 320	Historical, Social, Cultural Foundations of Sport and P.E.	3
KIN 365	Sport Psychology	3
KIN 394	Practicum: Coaching	3
Total Units		18

Fitness Programming Minor

Code	Title	Units
KIN 225	Principles of Weight Training and Cross Training	3
KIN 304	Motor Learning and Control	3
Choose 4 of the following courses:		12
KIN 306	Nutritional Sciences	3
KIN 307	Exercise and Gerontology	3
KIN 320	Historical, Social, Cultural Foundations of Sport and P.E.	3
KIN 325	Exercise Testing and Prescription	3
KIN 330	Lifestyle Medicine and Wellness	3
KIN 344	Health and Wellness Programming	3
KIN 364	Exercise Psychology	3
KIN 393	Practicum: Kinesiology	3
Total Units		18

Healthcare Management Minor

Code	Title	Units
HCM 312	Management of Healthcare Organizations	3
HCM 314	Healthcare Quality Management	3
HCM 414	Legal Aspects of Healthcare	3
HCM 416	Human Resource Management in Healthcare	3
HCM 425	Financial Management of Healthcare Organizations	3
Choose 1 of the following courses:		3
HCM 315	Organizational Behavior, Theory and Design in Healthcare Management	3
HCM 413	Leadership in Health Management	3
HCM 415	Health Information Systems	3
HCM 419	Topics in Public Health Administration	3
HCM 422	Introduction to Gerontology and Mental Health Management	3
HCM 424	Marketing and Strategic Planning for Healthcare Organizations	3
Total Units		18

Physical Education Minor

Code	Title	Units
KIN 304	Motor Learning and Control	3
KIN 376	Physical Education Management	3
Choose 4 of the following courses:		12
KIN 303	Health Education	3

KIN 305	Motor Development	3
KIN 320	Historical, Social, Cultural Foundations of Sport and P.E.	3
KIN 340	Elementary Physical Education	3
KIN 370	Adaptive Physical Education	3
KIN 392	Practicum: Teacher Education	3

Total Units 18

Pre-Nursing Minor

Students who complete the Pre-Nursing minor and choose BIO 246, BIO 247, BIO 351 and BIO 355 in the [Bachelor of Arts in Biology](#) will have met all of the prerequisite requirements for Concordia University Irvine's [Accelerated Bachelor of Science in Nursing](#) degree.

Code	Title	Units
KIN 306	Nutritional Sciences	3
PSY 101	Introduction to Psychology	3
PSY 320	Developmental Psychology: Lifespan	3
Choose 1 of the following courses:		3
COM 111	Public Speaking	3
COM 216	Interpersonal Communication	3
Choose 1 of the following courses:		3
WRT 102	Writing and Research	3
WRT 201	The Art of the Essay	3
Choose 1 of the following courses:		3
ANT 210	Cultural Anthropology	3
SOC 101	Introduction to Sociology	3
Total Units		18